



23rd Isle of Wight Marlins (Masters) open meet

To be held under ASA law and technical rules of masters swimming

Medina Leisure Centre, Newport, Isle of Wight, PO30 2DX
25m Pool. Saturday 3rd February 2024

| Session | Warm up time | Start time |
|---|--------------|------------|
| ONE - 800m only First 24 entries only accepted. Please note that the deadline for registering your arrival on the day for the 800m is 1pm. Otherwise your place will be given to people on the waiting list. | 1.30pm | 1.45pm |
| TWO | 2.45pm | 3.15pm |
| THREE | 4.15pm | 4.30pm |

SESSIONS:

- Teaching pool available for warm up/swim down
- Refreshments available
- Free parking available

AGE GROUPS :

Masters: 25-95+ years.
Seniors: 18-24 years

EVENTS:

- 25 m dash - freestyle and butterfly
- 50 and 100m all strokes.
- 100m individual medley.
- 200m and 800m freestyle

NB: First 24 entries accepted for the 800m. Please note that the deadline for registering your arrival for the 800m on the day is 1pm. Otherwise your place will be given to people on the waiting list.

- 4 x 50m relays: ladies, mens and mixed freestyle and medley teams: 120+ & 160+ years

AWARDS:

Medals awarded to the first three in each age group.

TROPHIES:

- Top male and female swimmer.
- Swimmer who enters and swims the most events (in case of a draw the award will go to the swimmer with the most points)
- Trophy awarded to top mainland team.

ENTRY FEES:

- First individual event £8 to include programme
- 800m event £8
- All other events £6
- Relays £8 per team.

LATE ENTRIES:

Entries after the closing date will be accepted up to the 1st February but will incur an additional charge of £1 per event. **Individual entries will not be accepted on the day, however relay entries will, at a £2 supplement.**

CLOSING DATE:

Saturday 3rd January 2024

There will be no re-entry cards. Swimmers are asked to notify the organisers if they wish to withdraw from an event not later than 30 minutes before the scheduled start of that session.

Entry forms (see pages 3 & 4) are accepted by email to: secretary@iowmarlinsswimclub.co.uk. Payment can be made by BACS (details on entry form)

Alternatively post your entry and cheque to:
Marlins SC, 2 Manor House, Marlborough Road, Ventnor,
Isle of Wight PO38 ITE

Tel : 07821 543289

Confirmation of your entry will be emailed to you. If you prefer to receive your entry confirmation by post, please include a stamped addressed C5 envelope with your entry and payment.

Thank you



Programme of events

Entry forms can be found on page 3 and 4

**23rd Isle of Wight Masters Open Meet
Saturday 3rd February 2024**

SATURDAY 3RD FEBRUARY 2024

SESSION ONE - Warm up 1.30pm. Start 1.45pm.

| | | |
|-----------|-------|---|
| Event 1/2 | Mixed | 800m Freestyle - Only first 24 entries accepted. Please note that the deadline for registering your arrival on the day for the 800m is 1pm. Otherwise your place will be given to people on the waiting list. |
|-----------|-------|---|

SESSION TWO - Warm up 2.45pm. Start 3.15pm.

| | | |
|-------------|-------------|---|
| Event 3/4 | Ladies/Mens | 100m Freestyle |
| Event 5/6 | Ladies/Mens | 50m Breaststroke |
| Event 7/8 | Ladies/Mens | 4 x 25m. Individual Medley |
| Event 9/10 | Ladies/Mens | 50m Butterfly |
| Event 11/12 | Ladies | Freestyle relay 4x50m 120 years and 160 years |
| Event 13/14 | Mens | Freestyle relay 4x50m 120 years and 160 years |
| Event 15/16 | Mixed | Freestyle relay 4x50m 120 years and 160 years |
| Event 17/18 | Ladies/Mens | 100m Backstroke |
| Event 19/20 | Ladies/Mens | 50m Freestyle |
| Event 21/22 | Ladies/Mens | 25m Butterfly "dash" |

SESSION THREE - Warm up 4.15pm. Start 4.30pm.

Finish approximately 6pm followed by awards.

| | | |
|-------------|-------------|---|
| Event 23/24 | Ladies/Mens | 200m Freestyle |
| Event 25/26 | Ladies/Mens | 100m Butterfly |
| Event 27/28 | Ladies/Mens | 50m Backstroke |
| Event 29/30 | Ladies/Mens | 100m Breaststroke |
| Event 31/32 | Ladies | Medley relay 4x 50m 120 years and 160 years |
| Event 33/34 | Mens | Medley relay 4x 50m 120 years and 160 years |
| Event 35/36 | Mixed | Medley relay 4x 50m 120 years and 160 years |
| Event 37/38 | Ladies/Mens | 25m Freestyle "dash" |



Individual ENTRY FORM

**23rd Isle of Wight Masters Open Meet
Saturday 3rd February 2024**

**Closing date
Wednesday 3rd
January 2024**

Surname First Name

Male/Female Date of birth

Club: ASA Reg No

Address

..... Postcode

Telephone No Email

PLEASE CIRCLE THE APPROPRIATE GROUP. Age as at 31st December 2024. Seniors 18yrs by 3rd February 2024.

| S | A | B | C | D | E | F | G | H | J | K | L | M | N | O | P |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-----|
| 18-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80-84 | 85-89 | 90-94 | 95+ |

| | | | |
|--|-------------|---|--|
| Ladies events odd numbers. Mens events even numbers | | | *ENTRY TIME Must be provided for all individual events |
| SESSION ONE - Warm up 1.30pm Start 1.45pm. | | | |
| Event 1/2 | Ladies/Mens | 800m Freestyle (1st 24 entries accepted) | * |
| SESSION TWO - Warm up 2.45pm. Start 3.15pm | | | |
| Event 3/4 | Ladies/Mens | 100m Freestyle | * |
| Event 5/6 | Ladies/Mens | 50m Breaststroke | * |
| Event 7/8 | Ladies/Mens | 4 x 25m. Individual Medley | * |
| Event 9/10 | Ladies/Mens | 50m Butterfly | * |
| Events 11 to 16 - Freestyle relay teams. Please use team form for entries. | | | |
| Event 17/18 | Ladies/Mens | 100m Backstroke | * |
| Event 19/20 | Ladies/Mens | 50m Freestyle | * |
| Event 21/22 | Ladies/Mens | 25m Butterfly "dash" | * |
| SESSION THREE - Warm up 4.15pm. Start 4.30pm | | | |
| Event 23/24 | Ladies/Mens | 200m Freestyle | * |
| Event 25/26 | Ladies/Mens | 100m Butterfly | * |
| Event 27/28 | Ladies/Mens | 50m Backstroke | * |
| Event 29/30 | Ladies/Mens | 100m Breaststroke | * |
| Events 31 to 36 - Medley relay teams. Please use team form for entries. | | | |
| Event 37/38 | Ladies/Mens | 25m Freestyle "dash" | * |

Entry forms (pages 3 & 4) are accepted by email to:
secretary@iowmarlinsswimclub.co.uk.
If cheque payment is used instead of BACS, please note the application will be finalised upon receipt of payment.

Alternatively post to:
Marlins SC, 2 Manor House, Marlborough Road, Ventnor, Isle of Wight PO38 1TE

Tel : 07821 543289
secretary@iowmarlinsswimclub.co.uk

Confirmation of your entry will be emailed to you. If you prefer to receive your entry confirmation by post, please include a C5 envelope with your entry and payment.

| | Qty | Price £ |
|--|-----|---------|
| First individual event including programme @ £8 | | |
| Number of other individual events @ £6 each | | |
| Late entry charge @ £1 per event | | |
| TOTAL ENCLOSED | | |
| Please pay by bank transfer: | | |
| BANK TRANSFER: Account no. 00105160 Sort code: 30-95-99 Ref: Feb swim 2024 | | |
| CHEQUE: Please email for details. | | |

I declare the above particulars to be correct and agree to abide by the conditions laid down by the promoting Club for this competition. I certify that to the best of my knowledge I am physically fit and able to take part in Masters training sessions and competitive events, and have not been advised otherwise by a Medical Adviser: I therefore exonerate ASA, HCASA, SERASA, Club Officials and Meet Organisers from any injury as a result of my medical condition. I also confirm that I am proficient in the execution, where necessary, of entry dives in accordance with ASA recommendations.

Signed Dated



Relay team ENTRY FORM

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NAME OF CLUB (IN FULL)

TEAM ORGANISER.....

ADDRESS.....

.....

Post Code: Telephone No.....

E Mail Address.....

| Event No | Event Name | Time | Number of Teams |
|----------|----------------------------|------|-----------------|
| 11 | Ladies Freestyle 120 years | | |
| 12 | Ladies Freestyle 160 years | | |
| 13 | Mens Freestyle 120 years | | |
| 14 | Mens Freestyle 160 years | | |
| 15 | Mixed Freestyle 120 years | | |
| 16 | Mixed Freestyle 160 years | | |
| 31 | Ladies Medley 120 years | | |
| 32 | Ladies Medley 160 years | | |
| 33 | Mens Medley 120 years | | |
| 34 | Mens Medley 160 years | | |
| 35 | Mixed Medley 120 years | | |
| 36 | Mixed Medley 160 years | | |

Mixed teams will consist of two men and two ladies swum in any order.

Teams may be entered on the day of the meet @ £10.00 per team.

Number of teams @ £8.00 each

Amount payable £

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 Alternatively post to: Marlins SC, 2 Manor House, Marlborough Road, Ventnor, Isle of Wight PO38 1TE
Tel : 07821 543289 secretary@iowmarlinsswimclub.co.uk

PROMOTER'S CONDITIONS AND INFORMATION FOR COMPETITORS

- 1 A competitor must be a member of the club they represent and may only swim for one club during the competition. Age groups are as of December 31st 2024. Seniors must be 18 years old by 3rd February 2024.
- 2 All individual events are seeded slowest to fastest order of racing. Results will be decided on the heat declared system.
- 3 There will be no re-entry cards. Heat sheets with allocated lanes will be posted at the shallow end of the pool.
Withdrawals: If a swimmers wishes to withdraw from an event he/she should notify registration no less than 30 minutes prior to start of the session.
- 4 For the **800m freestyle**. Four heats will be run - first 24 entries only accepted. Please note that the deadline for registering your arrival for the 800m on the day is 1pm. Otherwise your place will be given to people on the waiting list.
- 5 800m and 200m events will be run as mixed heats and set according to swim times.
- 6 Mixed relay teams, two men and two ladies, may swim in any order. Please complete relay re-entry form at desk also at least 30 minutes prior to start of the session. Seniors may be included in relay teams except for record attempts over 100+ years
- 7 Medals will be awarded to the first three places in each age group and may be collected from the awards' table.
- 8 Presentation of awards to record breakers will be made as announced.
- 9 Points will be awarded on a 3,2,1 basis for the top male and female swimmers and for the trophy for top visiting mainland team.
- 10 **Records.** Any swimmer attempting a record is requested to complete a form and hand to desk prior to start of that session.
- 11 Marlins Swimming Club reserves the right to make any changes which may be considered necessary for the smooth running of the competition.
- 12 Start list will be on the website on Tuesday 30th January 2024.

Lockers

Please use these wherever possible. £1 returnable.

Refreshments

Facilities are limited so please bring your own refreshments.

Results

Full sets of results will be available on-line at: www.iowmarlinsswimclub.co.uk

Video recording/photography

Video recording/photography in accordance with ASA Child Protection Policy, any person wishing to use this should first register at the reception desk.



Travel, food and accommodation information

**23rd Isle of Wight Masters Open Meet
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The following are some of the hotels in Newport. You are advised to check with the hotel as to whether early breakfasts or evening meals can be arranged as this may depend on staffing at that time.

HOTELS

Premier Inn

Seaclose, Fairlee Road, Newport PO30 2DN
Tel: 0871 527 8556 • www.premierinn.com
10 mins walk to the pool. Large car park. Check special rates online. Onsite restaurant available for evening meals.

Travelodge

Lugley Street, Newport PO30 5ET
Tel: 0871 984 6348 • www.travelodge.co.uk
5 mins drive to pool. 30 mins walk. Centre of Newport close to shops. No parking available at the hotel. Public car park nearby.

Newport Quay Guest House

Newport Quay Hotel, 41 Quay Street, Newport PO30 5BA
Tel: 01983 528544 • www.newportquayhotel.co.uk
Email: bookings@newportquayhotel.co.uk
5 mins drive or 20 mins walk to pool.

FURTHER ACCOMMODATION INFORMATION:

Isle of Wight tourist information

www.visitisleofwight.co.uk
Email: info@visitwight.org

PLACES TO EAT

Table Table

Medina Quay, Seaclose Fairlee Road, Newport PO30 2DN
Tel: 01983 825082

Hong Kong Express

Holyrood Street, Newport PO30 5EP
Tel: 01983 523620

Toto

15 St Thomas' Square, Newport PO30 1SL
Tel: 01983 821181

Hewitt's Restaurant

33 Lugley Street, Newport PO30 5ET
Tel: 01983 722723

Bargemans Rest

Little London Quay, Newport PO30 5BS
Tel: 01983 525828

POST EVENT DINING

Marlins can reserve spaces at Table Table at Medina Quay from 7pm after the Meet. If you'd like to join the organisers and fellow competitors, please refer to acknowledgement email information.

FERRY INFORMATION

Please note that it is advisable if making car journey bookings, to do so well in advance to ensure good availability and choice of crossings. Online booking will always be cheaper, with special offers often available for car + four passengers. Please take care when booking to look for 'Special offers' tabs online.

WIGHTLINK

Reservations Tel: 0333 999 7333
Online bookings: www.wightlink.co.uk

- **Portsmouth to Fishbourne**
Car and Foot passenger ferry
- **Portsmouth Harbour to Ryde**
'FastCat' Passenger ferry.
- **Lymington to Yarmouth**
Car and passenger ferry

HOVERTRAVEL

Tel: 01983 717700 • www.hovertravel.co.uk

- **Southsea to Ryde** - High speed hovercraft passenger service. Connects with buses to Newport.

RED FUNNEL

Reservations Tel: 023 8001 9192
Online bookings: www.redfunnel.co.uk

- **Southampton to East Cowes** - Car & passenger ferry
- **Southampton to West Cowes** - High Speed "Red Jet" passenger ferry connecting bus to Newport.