



## 14th Isle of Wight Marlins (Masters) open meet

To be held under ASA law and technical  
rules of masters swimming

### The Heights Leisure Centre, Sandown, Isle of Wight - 25m Pool FEBRUARY 15th and 16th 2013

#### SESSIONS:

Session	Date	Warm up time	Start time
1	Friday February 15th	6pm	6.30pm
2	Saturday February 16th	12pm	12.45pm
3	Saturday February 18th	4pm	4.30pm

- Teaching pool available for warm up/swim down
- Catering facilities available
- Paid parking available

#### AGE GROUPS :

Masters: 25-95+ years.  
Seniors: 18-24 years

#### EVENTS:

- 25 m dash - freestyle and butterfly
- 50 and 100m all strokes.
- 100m individual medley.
- 200m and 800m freestyle.
- 4 x 50m relays: ladies, mens and mixed freestyle and medley teams: 160+ & 240+ years

#### AWARDS:

Medals awarded to the first three in each age group.

#### TROPHIES:

- Top male and female master and senior swimmers.
- Trophy awarded to top mainland team.

#### ENTRY FEES:

- First individual event £5 to include programme
- 800m event £5
- All other events £4
- Relays £5 per team.

#### ACCOMMODATION:

Hotel/travel details on page 5.

#### FERRY TRAVEL:

See overleaf.

#### CLOSING DATE:

**Friday 18th January 2012**

There will be no re-entry cards. Swimmers are asked to notify the organisers if they wish to withdraw from an event not later than 30 minutes before the scheduled start of that session.

Please post entries and payment to:

**Marlins SC, 'Rosebank', St. Boniface Road,  
Ventnor, Isle of Wight PO38 1PL**

**Tel : 01983 863300**

**Email: swim@iowmarlinsswimclub.co.uk**

Confirmation of your entry will be emailed to you. If you prefer to receive your entry confirmation by post, please include a stamped addressed C5 envelope with your entry and payment.

*Thank you*



# Programme of events

**14th Isle of Wight Masters Open Meet  
Friday 15th and Saturday 16th February 2013**

## FRIDAY 15TH FEBRUARY

**SESSION ONE - Warm up 6pm. Start 6.30pm. Finish approx 8.30pm**

Event 1/2	Mixed	800m Freestyle
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## SATURDAY 16TH FEBRUARY

**SESSION TWO - Warm up 12pm. Start 12.45pm. Finish approx 3.30pm**

Event 3/4	Ladies/Mens	100m Freestyle
Event 5/6	Ladies/Mens	50m Breaststroke
Event 7/8	Ladies/Mens	4 x 25m. Individual Medley
Event 9/10	Ladies/Mens	50m Butterfly
Event 11/12	Ladies	Freestyle relay 4x50m 160 years and 240 years
Event 13/14	Mens	Freestyle relay 4x50m 160 years and 240 years
Event 15/16	Mixed	Freestyle relay 4x50m 160 years and 240 years
Event 17/18	Ladies/Mens	100m Backstroke
Event 19/20	Ladies/Mens	50m Freestyle
Event 21/22	Ladies/Mens	25m Butterfly "dash"

**SESSION THREE - Warm up 4pm. Start 4.30pm. Finish approx 7pm**

Event 23/24	Ladies/Mens	200m Freestyle
Event 25/26	Ladies/Mens	100m Butterfly
Event 27/28	Ladies/Mens	50m Backstroke
Event 29/30	Ladies/Mens	100m Breaststroke
Event 31/32	Ladies	Medley relay 4x 50m 160 years and 240 years
Event 33/34	Mens	Medley relay 4x 50m 160 years and 240 years
Event 35/36	Mixed	Medley relay 4x 50m 160 years and 240 years
Event 37/38	Ladies/Mens	25m Freestyle "dash"



# Individual entry form

**14th Isle of Wight Masters Open Meet  
Friday 15th and Saturday 16th February 2012**

Surname ..... First Name .....

Male/female ..... Date of birth .....

Club ..... ASA Reg No .....

Address .....

Postcode .....

Telephone No ..... Email .....

PLEASE CIRCLE THE APPROPRIATE GROUP. Age as at 31st December 2013. Seniors 18yrs by 15th Feb 2013.

S	A	B	C	D	E	F	G	H	J	K	L	M	N	O	P
18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95+

Ladies events odd numbers. Mens events even numbers	<b>ENTRY TIME</b> Must be provided for all individual events		
<b>SESSION ONE - Friday 15th February. Warm up 6pm. Start 6.30pm.</b>			
Event 1/2	Ladies/Mens	800m Freestyle	
<b>SESSION TWO - Saturday 16th February. Warm up 12pm. Start 12.45pm</b>			
Event 3/4	Ladies/Mens	100m Freestyle	
Event 5/6	Ladies/Mens	50m Breaststroke	
Event 7/8	Ladies/Mens	4 x 25m. Individual Medley	
Event 9/10	Ladies/Mens	50m Butterfly	
Events 11 to 16 - Freestyle relay teams. Please use team form for entries.			
Event 17/18	Ladies/Mens	100m Backstroke	
Event 19/20	Ladies/Mens	50m Freestyle	
Event 21/22	Ladies/Mens	25m Butterfly "dash"	
<b>SESSION THREE - Saturday 16th February. Warm up 4pm. Start 4.30pm</b>			
Event 23/24	Ladies/Mens	200m Freestyle	
Event 25/26	Ladies/Mens	100m Butterfly	
Event 27/28	Ladies/Mens	50m Backstroke	
Event 29/30	Ladies/Mens	100m Breaststroke	
Events 31 to 36 - Medley relay teams. Please use team form for entries.			
Event 37/38	Ladies/Mens	25m Freestyle "dash"	



No limit on number of events entered. Relay details on the separate form please.

**Entries to: Marlins SC, 'Rosebank', St. Boniface Road, Ventnor, Isle of Wight PO38 1PL**

**Tel : 01983 863300  
swim@iowmarlinsswimclub.co.uk**

Confirmation of your entry will be emailed to you. If you prefer to receive your entry confirmation by post, please include a stamped addressed C5 envelope with your entry and payment.

	Qty	Price £
First individual event including programme @ £5		£
800m freestyle @ £5		
Number of other individual events @ £4 each		£
<b>TOTAL ENCLOSED</b>		£
<b>Cheques made payable to 'IWMSC'</b>		

I declare the above particulars to be correct and agree to abide by the conditions laid down by the promoting Club for this competition. I certify that to the best of my knowledge I am physically fit and able to take part in Masters training sessions and competitive events, and have not been advised otherwise by a Medical Adviser. I therefore exonerate ASA, HCASA, SERASA, Club Officials and Meet Organisers from any injury as a result of my medical condition. I also confirm that I am proficient in the execution, where necessary, of entry dives in accordance with ASA recommendations.

Signed ..... Dated .....



# Relay team entry form

**14th Isle of Wight Masters Open Meet  
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NAME OF CLUB (IN FULL) .....

TEAM ORGANISER .....

ADDRESS.....

.....

Post Code:.....Telephone No .....

E Mail Address.....

Event No	Event Name	Time	Number of Teams
11	Ladies Freestyle 160 years		
12	Ladies Freestyle 240 years		
13	Mens Freestyle 160 years		
14	Mens Freestyle 240 years		
15	Mixed Freestyle 160 years		
16	Mixed Freestyle 240 years		
31	Ladies Medley 160 years		
32	Ladies Medley 240 years		
33	Mens Medley 160 years		
34	Mens Medley 240 years		
35	Mixed Medley 160 years		
36	Mixed Medley 240 years		

Mixed teams will consist of two men and two ladies swum in any order.  
Teams may be entered on the day of the meet @ £7.00 per team.

Number of Teams @ £5.00 each

Amount enclosed  £  Cheques made payable to IW MSC.

**ENTRIES TO:**

**Marlins SC, 'Rosebank', St. Boniface Road, Ventnor, Isle of Wight PO38 1PL  
Tel : 01983 863300 • Email: swim@iowmarlinsswimclub.co.uk**



## Travel, food and accommodation information

**14th Isle of Wight Masters Open Meet  
15th and 16th February 2013**

The following are only some of the hotels in Sandown which are open in February. Most can offer a special rate for car ferry though booking the ferry directly on line can be cheaper. You are also advised to check with the hotel as to whether early breakfasts or evening meals can be arranged as this may depend on staffing at that time.

### **Chester Lodge Hotel**

7 Beachfield Road, Sandown, I.W. PO36 8NA  
Tel: 01983 402773  
[www.chesterlodgehotel.co.uk](http://www.chesterlodgehotel.co.uk)  
Email: [info@chesterlodgehotel.co.uk](mailto:info@chesterlodgehotel.co.uk)  
2 mins to pool. Large car park

### **Carisbrooke House Hotel**

11 Beachfield Road, Sandown, I.W. PO36 8NA  
Tel: 01983 402257  
[www.carisbrookehouse.com](http://www.carisbrookehouse.com)  
Email: [WMch583@aol.com](mailto:WMch583@aol.com)  
2 mins walk to pool.

### **Montpelier Hotel**

Pier Street, Sandown, I.W. PO368JR  
Tel: 01983 403964  
[www.themontpelier.co.uk](http://www.themontpelier.co.uk)  
Email: [info@montpelierhotel.co.uk](mailto:info@montpelierhotel.co.uk)  
5 mins walk to pool.

### **Beaufort House**

30 Broadway, Sandown, IW PO36 9BY  
Tel: 01983 403672  
[www.thebeaufortsandown.com](http://www.thebeaufortsandown.com)  
Email: [web@thebeaufortsandown.co.uk](mailto:web@thebeaufortsandown.co.uk)  
5 mins walk to pool.

### **Sands Hotel**

19-21 Culver Parade, Sandown, PO36 8AT  
Tel: 01983 402305  
[www.sands-hotel.co.uk](http://www.sands-hotel.co.uk)  
Email: [web@sands-hotel.co.uk](mailto:web@sands-hotel.co.uk)  
8 mins. walk to pool.

### **The Fernside**

30 Station Avenue, Sandown, PO36 9BW  
Tel: 01983 402356  
[www.thefernside.co.uk](http://www.thefernside.co.uk)  
Email: [enquiries@thefernside.co.uk](mailto:enquiries@thefernside.co.uk)  
6 minutes walk to pool

### **The Carlton Hotel**

Esplanade, Sandown, PO36 8LA  
Tel: 01983 403202  
[www.carltonhotelgroup.co.uk](http://www.carltonhotelgroup.co.uk)  
Email: [carltonhotel@aol.com](mailto:carltonhotel@aol.com)  
6 minutes walk to pool

### **FURTHER ACCOMMODATION INFORMATION:**

**General enquiries and booking service.**

**Isle of Wight Tourism**  
Tel: 01983 813813  
[www.islandbreaks.co.uk](http://www.islandbreaks.co.uk)

### **FERRY INFORMATION**

Please note that it is advisable if making car journey bookings, to do so well in advance as it will be a half term weekend. Online booking will always be cheaper, with special offers often available for car, driver + three passengers. Please take care when booking to look for 'Special offers' tabs online.

### **WIGHTLINK**

**Reservations Tel: 0870 582 7744**  
**Online bookings: [www.wightlink.co.uk](http://www.wightlink.co.uk)**

- **Portsmouth to Fishbourne** - Car and Foot passenger ferry
- **Portsmouth Harbour to Ryde** - 'FastCat' Passenger ferry with connecting trains from Waterloo via Portsmouth to Ryde and onward to Sandown or Lake stations from where it is 10 minutes walk to the pool.
- **Lymington to Yarmouth** - Car and passenger ferry

### **HOVERTRAVEL**

**Tel: 02392 811000**  
**[www.hovertravel.co.uk](http://www.hovertravel.co.uk)**

- **Southsea to Ryde** - High speed hovercraft passenger service. Connects with buses and trains to Sandown.

### **RED FUNNEL**

**Reservations Tel: 02380 334010**  
**Online bookings: [www.redfunnel.co.uk](http://www.redfunnel.co.uk)**

- **Southampton to East Cowes** - Car and passenger ferry
- **Southampton to West Cowes** - High Speed "Red Jet" passenger ferry connecting bus to Sandown via Newport.

## **PROMOTER'S CONDITIONS AND INFORMATION FOR COMPETITORS**

- 1 A competitor must be a member of the club they represent and may only swim for one club during the competition. Age groups are as of December 31st 2013. Seniors must be 18 years old by 15th February 2012
- 2 All individual events are seeded slowest to fastest order of racing. Results will be decided on the heat declared system.
- 3 There will be no re-entry cards. Heat sheets with allocated lanes will be posted at the shallow end of the pool. **Withdrawals:** If a swimmers wishes to withdraw from an event he/she should notify registration no less than 30 minutes prior to start of the session.
- 4 For the **800m freestyle only**, re-registration is required at least **30 minutes** prior to start of the session please.
- 5 Mixed relay teams, two men and two ladies, may swim in any order. Please complete relay re-entry form at desk also at least 30 minutes prior to start of the session. Seniors may be included in relay teams except for record attempts over 100+ years
- 6 Medals will be awarded to the first three places in each age group and may be collected from the awards' table.
- 7 Presentation of awards to record breakers will be made as announced.
- 8 Points will be awarded on a 3,2,1 basis for the top male and female swimmers and for the trophy for top visiting, mainland team (25 years and over).
- 9 Special awards will be made for the 18-24 years group.
- 10 **Records.** Any swimmer attempting a record is requested to complete a form and hand to desk prior to start of that session.
- 11 Marlins Swimming Club reserves the right to make any changes which may be considered necessary for the smooth running of the competition.

### **Lockers**

Please use these wherever possible. £1 returnable.

### **Refreshments**

Hot and cold food will be available in the cafeteria throughout the meet.

### **Results**

Full sets of results will be available on-line at:

[www.iowmarlinsswimclub.co.uk](http://www.iowmarlinsswimclub.co.uk) • ASA site: [www.britishswimming.org](http://www.britishswimming.org) • [www.hampshireswimming.org](http://www.hampshireswimming.org)

### **Teaching pool**

The teaching pool is available for warm up and swim down.

### **Video recording/photography**

Video recording/photography in accordance with ASA Child Protection Policy, any person wishing to use this should first register at the reception desk.